

Chair Tag

Group Size: 10-30

Age Group: 1st-6th+ grades

Length of Activity: 10 minutes

Developmental Goal: To develop spatial awareness

Skills Practiced: Safe tagging, time management, and follow directions

Equipment Needed: None

Set Up: Classroom with chairs and space to move.

Before You Start:

- Make sure all students understand how to tag properly
- Review that everyone gets one turn, and that students should ‘take’ the spot of the student they’ve tagged

How to Play:

- Everyone begins standing behind his/her chair.
- A student is chosen to begin, and s/he must quickly tag another student and take his/her chair.
- The student that’s been tagged must tag another student and take his/her spot.
- Each student may only have one turn per round (tip – have students raise their hands if they have not had a turn yet).
- Each student has 5 seconds to tag another student, and the adult facilitates the game by counting down loudly for each student.

Variation(s):

- Students can move in pairs.
- Students can have more or less time.
- Students can be required to do a special “hi-five” to “tag” someone.
- Students in the class can work together as a team to reach a certain time goal.

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