

Everyone's It

Group Size: 10-30

Age Group: K-5th grades

Length of Activity: 10 minutes

Developmental Goal: To develop eye-hand coordination

Skills Practiced: Running, evading, safe tagging and counting

Equipment Needed: None

Set Up: Establish boundaries; a relatively small, safe area so that constant motion is encouraged

Before You Start:

- Demonstrate safe tagging:
 - Light touch, like a butterfly wings, on the shoulder.
 - Unsafe tags: hard contact that might cause the person being tagged to fall.
- Review the boundaries and the consequence for going outside them.
 - Start over from zero.
 - Perform 10 jumping jacks to get back in.

How to Play:

- The object is for students to tag and keep a running count of everyone they touch in three minutes.
- No one is "it" and no one stops playing or "freezes" when tagged.

Variation(s):

- You can change the amount of time that the students play and the location of the boundaries.
- If a student is tagged it counts against her/his score.

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