

Drop the Cookie!

Group Size: 10+

Age Group: K-5th grades

Length of Activity: 10 minutes

Developmental Goal: Sense of boundaries, eye-foot coordination, listening to directions

Skills Practiced: Agility, pivoting, body and spatial awareness, evasion, safe tagging

Equipment Needed: Cones (preferably half-cones)

Set Up: Any area, classroom auditorium or yard with clearly marked boundaries

Before You Start:

- Show the kids the “cookies” and tell them how delicious they are

How to Play:

- Review boundaries and safe tagging:
- Hand out cones to about a third of the group.
- The kids who do not have cones chase down those who do. When they tag them they yell “Drop the cookie!”
- The kid who is tagged must drop it and run away.
- The tagger picks up the cone and then is chased by the other kids.

Variation(s):

- I’ve seen it played with pool noodles and the kids yell “Drop the Linguine!” You could probably make something up for whatever equipment you have on hand.
- Could be made into a name game and the kids have to yell “Hey (insert name here), drop the cookie!”
- If played in class, emphasize safety and spatial awareness and have students hop, play on their knees, etc.

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