

# Bird's Nest

**Group Size:** 10-20

**Age Group:** preK-6<sup>th</sup>+ grades

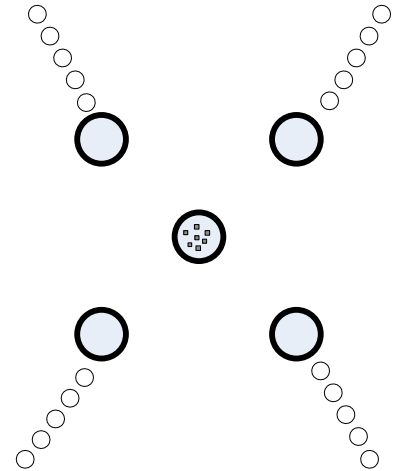
**Length of Activity:** 10-15 minutes

**Developmental Goal:** To develop teamwork and strategic thinking.

**Skills Practiced:** Running, quick thinking, teamwork, and physical awareness

**Equipment Needed:** Beanbags and hula hoops

**Set Up:** Arrange five hula hoops (bird nests) as shown in the diagram. Place the beanbags (the cookies) in the center cookie jar. Divide players into four teams and each team line up behind their assigned cookie jar



## Before You Start:

- Make sure students understand the importance of safety, control and awareness
- Review the rules of the game and have students explain the game to you

## How to Play:

- Each team's goal is to get six cookies in their cookie jar.
- When told to start, the first person on each team runs to the center cookie jar to steal a cookie (one cookie per turn).
- Player returns to his or her line and places it in their cookie jar; then the next player goes.
- Players keep taking cookies from the center jar until empty, at which point players can steal cookies from each other's jars. Players cannot defend their cookie jar.
- Game ends when one team has six cookies.

## Variation:

- Players can defend their cookie jar by tagging opponents. Once tagged the player must return to his or her line, then the next player goes.