



What Your Dollars Buy

From United Way's 2013-2014 Certified Nonprofit Partners:

4-H Youth Development Program, Sacramento County: \$5 a month will support the re-stocking of science kits used by teams of 4-H teens teaching after school science programs to K-3rd grade students of Sacramento.

Amador-Tuolumne Community Resources: A gift of \$25 or more will buy basic necessity items for homeless families.

American Cancer Society, California Division, Inc: A gift of \$75 provides gift coupons for our "TLC" product catalog that provides women battling cancer with a wig or other personal care items.

Area 4 Agency on Aging: A gift of \$10 a month provides job readiness workshops and resume assistance for 12 mature job seekers.

Asian Resources, Inc.: \$5 monthly, will provide 40 ESL student with reading materials for a year.

Atkinson Youth Services: \$5 or \$10 donation can sponsor a foster child's lunch and activities at family day. Family day is a once a month event when the children can visit with natural family members and enjoy lunch and a planned activity,

B J Jordan Child Care Programs/Beanstalk: \$5 per month will purchase 1 Learn to Print Wipe Board, 1set of Markers, 2 Erasers, 1 set of Sentence Strips for 2.5 classrooms.

Big Brothers Big Sisters of El Dorado County: It costs \$1200.00 to mentor one child for one year. (BBBS staff oversees the implementation. Identifies children who can benefit from a relationship with a business mentor.

Big Brothers Big Sisters of Greater Sacramento: \$50 provides one site-based match with on-site sports equipment for the year.

Boys & Girls Clubs of Greater Sacramento: \$5 a week provides an afterschool snack for one child.

Boys & Girls Club of Placer County: A gift of \$100 a month provides a child with one full year of membership in Boys & Girls Club of Placer County's after school programming, including homework assistance, indoor and outdoor recreation, art, performing arts, culinary arts, and just having fun.

Breathe California of Sacramento-Emigrant Trails: \$25 a month provides tickets for 12 young people to attend the Hackademy Awards.

Campus Life Connection: \$20/month provides workshops focused on bullying, self esteem and problem solving.

CASA El Dorado: \$100 per month provides an abused/neglected child with caring CASA volunteer to advocate for their best interest in court.

CASA Sacramento: A gift of \$20 per month provides a training class of CASA volunteers with materials and training to become Court Appointed Special Advocates for abused and neglected children

Catholic Social Service of Sacramento: Every gift of \$100 provides 2 professional counseling sessions for a poor family in crisis.

CCHAT Center-Sacramento (Children's Choice for Hearing and Talking): A gift of \$5 per month provides a Baby and Me class to a family with a newly diagnosed infant.

Center for AIDS Research, Education & Services: A gift of \$25 will provide a Rapid HIV test and educational materials to one person.

Center for Fathers and Families: Every \$25 helps cover school supplies for one low income student.

Child Action, Inc.: A gift of \$20 a month provides start-up equipment and materials for a newly licensed child care provider.

Children's Receiving Home of Sacramento: A gift of \$25 a month makes it possible for 12 children in our Residential Program to celebrate a Happy Birthday.

Choices for Children: A gift of \$50.00 provides toys, books and clothing for children in need through our Community Gift Tree program.

Citizens Who Care for the Elderly: \$5 provides one hour of friendly visiting to a frail elderly individual and one hour of respite for their caregiver.

Clean & Sober: A gift of \$20 a month provides hygiene and cleaning supplies for a resident for an entire month.

Community Alliance with Family Farmers: \$100- Harvest of the Month basket for one classroom for six months.

Community Housing Opportunities Corporation (CHOC): A gift of \$3.00 a month provides homework and school supplies for low income families at an After School Program in affordable housing communities.

Community Link Capital Region: \$10 per month connects 30 families with the information and resources they need to help make ends meet through our 2-1-1 information and referral service program..

Community Recovery Resources: A gift of \$80 provides a mother struggling with addiction, an individualized family recovery plan.

Convalescent Hospital Card and Visiting Association: The donations we receive are used every month to buy stamps to mail volunteers their updated birthday lists for over thirty care homes.

Developmental Disabilities Service Organization, Inc.: Funds donated to DDSO are used to purchase daily living supplies, i.e. paper towels, toilet paper, pens/pencils, etc. as well as supplies for ceramics, music, painting, exercise equipment and employment training.

Discovery Museum Science & Space Center (Powerhouse Science Center): A gift of \$5 a month provides admission to 2 students to participate in our self-guided exhibit tours.

Dream Big: For \$10 a month, our organizations provides access to weekly performing arts lessons, with an emphasis on health and wellness, in a safe and confidence building environment.

Easter Seals Superior California: A gift of \$15 a month helps to provide therapy services to infants, children, adults and seniors with disabilities.

Effort, Inc.: \$10 per month can provide required immunizations to school-age children, or necessary dental exams to children and young adults

El Hogar Community Services, Inc.: All gifts, no matter the amount, go towards the activities and events planned for our consumers. Such events include: Thanksgiving Feast, Holiday Luncheon, River Cats Game, and more!

Elk Grove Food Bank: \$12 provides a family of four with five days of produce. \$7 provides a senior with six days of nutritional supplement. \$12 provides socks and underwear to all clients.

Eureka Schools Foundation: A suggested gift of \$360 a year or \$30 a month helps to provide the following education enrichment for children in Eureka Union School District; library resource, technology/computer teaching aides, weekly music enrichment for grades 4-6

Fairytale Town: Your tax-deductible donation will bring smiles to children at Fairy tale Town! An annual gift of \$150 will support free admission days like the day after Thanksgiving and the day before Christmas.

Families For Children: \$20 per month provides 10 foster children a present at Christmas.

Families for Early Autism Treatment: A gift of \$25 per month provides the family of a child who has been diagnosed with Autism ongoing mentoring and advocacy services, access to bridge funding to get essential services started while awaiting public services.

Firefighters Burn Institute: \$1.00 - Post Card Stamps for 4 Children to Write Home to Their Families from Camp.

Folsom Cordova Community Partnership: SafetyNet Services - which provide diapers, emergency bus passes, three day supply of food for families living below the poverty level.

Fourth & Hope (Formerly Yolo Wayfarer Center) : \$5 per month provides 4 meals for a homeless individual.

Francis House of Sacramento: \$10/mo provides hygiene supplies for 20 people.

Fresh Producers: A gift of \$20 a month provides funds to purchase healthful fresh produce from local farmers, for use in after school programs that teach students about healthy living, nutrition, food production, business and entrepreneurial skills.

Friends for Survival: A gift of \$20 a month provides 3 families with comprehensive grief support, monthly newsletter and mentoring for one year after a suicide death in their family.

Girl Scouts Heart of Central California: \$12 provides one girl to become a Girl Scout member.

Goodwill Industries of the Sacramento Valley and Northern Nevada: A gift of \$15/month supports an employee with a developmental disability for a month.

Greater Sacramento Urban League: \$25 goes to provide educational materials for our students.

Habitat for Humanity Yolo County: A gift of \$20 per month allows Habitat Yolo to purchase paint to rejuvenate the exterior of a low-income family's home.

Head Trauma Support Project: A gift of \$10 can provide a comprehensive resource guide to the caregiver of a head trauma survivor.

Health Education Council: For \$25 HEC can provide a healthy cooking demonstration to 20 youth and parents.

InAlliance: For \$15 a ride, our agency provides transportation for adults with special needs to their jobs or community activities.

Junior Achievement of Sacramento: \$5 a month will help 3 high school students prepare resumes and practice job interview skills.

Keaton Raphael Memorial: \$25 a month provides educational materials for pediatric cancer patients while they are hospitalized.

Kids First: A gift of \$100 covers the cost of one counseling session for one child.

Kiwanis Family House: For \$40 a month our agency provides temporary housing for one family for one night.

Koinonia Foster Homes, Inc.: \$1-Stamps for letters to family for our Group Home children.

La Familia Counseling Center, Inc.: Invest in Youth - \$10. a month helps us provide youth with leadership activities to support their success in education and in avoiding negative peers.

Lao Family Community Development, Inc.: Pay for after school and home work program as well as for the senior program.

Lavender Library, Archives and Cultural Exchange: A membership fee of \$ 40.00 will allow patron to check out 4 items at a time.

Law Enforcement Chaplaincy Sacramento: On going trainings for post trauma and grief responders. 24-7-365 around the clock response teams and equipment for law enforcement, schools, and communities.

Legal Services of Northern California: We can provide a low income tenant with an hour of legal representation for \$21.

Linkage to Education: \$5 a month, our agency will be able to ensure that a foster or probation youth starting college will have the school supplies and study aids that in-coming college student needs to be fully prepared for college.

Literacy Support Council of Placer County: A gift of \$25 a month will allow the Council to support the Placer Adult Literacy Service (PALS) in providing learning materials to new learners and teaching materials to tutors.

Loaves & Fishes Sacramento: A gift of \$25 a month will provide 17 homeless people with a balanced hot home cooked meal, alleviating hunger, as well as giving them the opportunity to access programs designed to help them out of crisis.

Lord's Gym Inc.: A gift of \$25 a month would provide full membership for 5 young people, ages 12-19.

Lutheran Social Services of Northern California: \$5 a month provides emergency diapers and baby wipes to assist a family as they move towards self-sufficiency.

Make-A-Wish Foundation of Sacramento and NE California: For an average cost of \$5,000 our agency grants the wish of a child suffering from a life-threatening medical condition.

Mothers Against Drunk Driving: \$5 per month will provide public awareness about the dangers of drunk or drugged driving.

NAMI Sacramento: A gift of \$5 a month provides a weekly support group to people facing mental health challenges.

National Council on Alcoholism and Drug Dependence, Inc.: \$25 donation will purchase a toy for a child during the holidays.

New Morning Youth & Family Services: For \$25/month ensures that one abused child receives professional counseling support.

Northern California Children's Therapy Center: A \$5 donation will buy a child in need a toy that can be used at home for therapy.

Opening Doors: A gift of \$25 or more per month will help buy diapers and formula for a newly arrived refugee infant.

People Reaching Out, Inc.: \$5 a month provides training manuals for volunteer high school mentors in Mandated Reporting Responsibilities, Substance Abuse Prevention, and Youth Development curriculums for 10 high school students.

Placer County Law Enforcement Chaplaincy: Each dollar goes toward providing critical incident care for every Law Enforcement agency in Placer County and to the citizens of Placer county.

Placer Food Bank: \$25 provides a meal for 25 hungry children.

Placer Independent Resource Services: A gift of \$25 a month provides grab bars for 12 people with disabilities.

Placer Women's Center dba PEACE for Families: A gift of \$120 per year (\$10 per month) will provide job interview training for a survivor of domestic or sexual violence working toward self-sufficiency.

PRIDE Industries: Your gift of \$5 per month provides items needed for success at work (such as interview and work clothes) for a youth emancipating from foster care and preparing to enter the workforce.

Reading Partners: A gift of \$100 helps bring RP's 140-level curriculum to one student.

Relationship Skills Center: A gift of \$10 will purchase a workbook for a young person.

Resources for Independent Living, Inc.: A gift of \$20 will purchase 4 coupons for a disabled person to ride public transportation to a community event, job interview or a medical appointment.

River City Food Bank: For \$7 per month, a family of four will receive a three day supply of healthy and nutritious food.

River Oak Center for Children: A gift of \$10 a month provides dinner for 50 children and their parents at Branching Out- a parent support group.

Roberts Family Development Center: \$25 a month provides healthy snacks for kids after school.

Sacramento Area Congregations Together: Donations support the efforts of professional organizing staff and community leaders to identify and address issues that negatively affect the health and well-being of Sacramento families and youth.

Sacramento Area Emergency Housing Center (Next Moves Sacramento): A gift of \$10 feeds one person for one day.

Sacramento Children's Home: \$10 provides a weekend outing for one child in our Residential Program.

Sacramento Chinese Community Service Center, Inc.: A gift of \$30 per month will provide a year supply of art supplies for a classroom of 20 elementary school students.

Sacramento Food Bank & Family Services: A gift of \$8.16 provides two hours of tutoring or resume building.

Sacramento Habitat for Humanity: \$25 will purchase a box of nails.

Sacramento Life Center: A gift of \$100 a month will provide free pregnancy testing, counseling, ultrasound and referrals for other services to a young woman seeking pregnancy related services.

Sacramento Recovery House: A gift of \$6.00 will provide bus transportation to medical and other appointments.

Sacramento Self Help Housing, Inc.: A gift of \$25 provides hygiene products and food for a homeless person first moving into housing.

Sacramento Valley Teen Challenge: A gift of \$1,500 a month will help us to house, care for, feed and train each individual in our program.

Safetyville USA: A donation of \$5 a month can provide six children with free bicycle helmets.

Senior Center of Elk Grove, Inc.: \$20.00 per year allows members to participate in the many programs and activities offered by the Senior Center and allows discounts for the Travel Program and certain events.

Senior Gleaners Inc.: Senior Gleaners can turn one dollar (\$1.00) into as much as 5.2 pounds of food valued at approximately \$8.74.

Senior L.I.F.E. Center: \$50 buys 25 breakfasts and 18 lunches. \$100 buys 50 breakfasts and 36 lunches.

Sexual Assault and Domestic Violence Center: To help those still in shelter, one night for a victim of domestic violence is only \$24.00.

Short Term Emergency Aid Committee: With a donation of \$10 per month, our agency will provide enough food for 51 meals for low income residents.

Shoulder To Shoulder: A gift of \$5 per month provides a fatherless boy from the inner city with his first experience in the wilderness; a 3-day camping trip in the Sierras.

Sierra Forever Families: A gift of \$10 a month for a year will provide a filled backpack for a child in foster care participating in the Wonder Mentoring Program.

Snowline Hospice of El Dorado County, Inc.: \$5.60/per patient day provides durable medical equipment.

Society for the Blind: A gift of \$15 a month will provide white canes for 6 blind or visually impaired clients.

St. John's Shelter for Women & Children: A gift of \$ 35 will house, feed & provide support services for one client per day.

Stanford Settlement, Inc. (Neighborhood Center): A gift of \$60 a month will provide services for one senior.

Stanford Youth Solutions: A gift of \$5.00/month provides overnight on-call support to an at-risk child and family, helping to prevent mental health crises, hospitalizations and contact with law enforcement.

Suicide Prevention and Crisis Services of Yolo County: A monthly donation of \$5 .00 (or \$60.00 per year) would provide one ""Choose Life"" classroom presentation to secondary students in Yolo County.

The Arc of Amador and Calaveras: \$10.00 a month will provide an opportunity to expand recreation opportunities affording one person per month to be scholarshipped into recreation events they may otherwise not afford to attend.

The Center for Violence-Free Relationships: A gift of \$100 a month provides a woman and her family one week in a safe house and the opportunity to access services to assist in securing income, housing and counseling for building a life safe from abuse.

The Lazarus Project, Inc.: A gift of \$23 provides one day of housing and support services to a homeless individual.

The Sacramento Veterans Resource Center: For \$5 month your dollar can provide three healthy meals (per day) to one homeless veteran, and career guidance counseling for a veteran hoping to transition back into the workforce.

TLCS, Inc.: A gift of \$50 per month will provide transitional housing, food and support services to a homeless individual with psychiatric disabilities for a full month.

Travelers Aid-Emergency Assistance Agency: A gift of \$75 a month would ensure a family has electrical Safety-Net survival services.

Turning Point Community Programs: A gift of \$25 will provide a pair of new shoes, a winter coats or basic toiletries for an individual in need

UCP of Sacramento and Northern California: \$5/month gives some more gas to our vans which provide 4,500/day of transportation.

United Advocates for Children & Families: \$10 per month allows us to continue to provide the UACF Hope Line -a system for parents and caregivers that provides resources and connections to individuals in the community that may be able to assist in finding appropriate support services for a child's mental health needs.

United Christian Centers for Greater Sacramento Area: \$5 dollars a month buys transportation for a disabled senior to a medical appointment.

Voluntary Legal Services Program of Northern California, Inc.: A gift of \$200 (or \$17 a month) will provide a low income person with the legal help needed to obtain unemployment benefits that were wrongfully denied, file for bankruptcy, or obtain guardianship of a child whose parents are unable to take care of the child.

Volunteers of America, Greater Sacramento & Northern Nevada: \$11 provides food and shelter for a homeless individual for a night.

WarmLine Family Resource Center: \$10 per month (\$120) to WarmLine FRC will provide: Attendance for 10 children at Sibling Support Workshops, Resource booklets for 60 parents, Gas cards for 12 families to enable them to visit their child in the hospital.

WEAVE, Inc.: \$5 per month provides a counseling session for a child who has witnessed domestic violence.

Wellspring Women's Center: A donation of \$20 provides a substantial breakfast meal for a mother and her 3 children for 5 days.

Women's Civic Improvement Club of Sacramento, Inc.: A gift of \$5 or more a month provides support in continuing the agency's low-income Senior Nutrition Program, Monday through Friday, year round.

Women's Empowerment: A gift of \$45 provides one week of safe and enriching childcare for a homeless child while mom is preparing for work.

Woodland Youth Services: \$5- Hygiene items- Tooth brush, body wash, shampoo, toothpaste, comb to a homeless child.

Yolo Community Care Continuum: A gift of \$2 per paycheck provides one hour of group support for five adults with mental illness.

Yolo County CASA: A gift of \$100 supports screening and background check for one community volunteer to work with a child.

Yolo County Children's Alliance: \$2 dollars a paycheck would support 3 months worth of bus vouchers. A week of food for a pregnant or lactating mom.

Yolo Family Resource Center: Nearly 90 cents of every dollar donated goes directly to services for Yolo County families and children.

Yolo Family Service Agency: A gift of \$45 a month allows a low-income client to receive an hour of counseling services.

Yolo Hospice, Inc.: A gift of \$100 per month provides six days of medical/social services, spiritual care and bereavement services for patients' families.