Thanks for Volunteering at Run or Dye Sacramento!

We’re so stoked that you’re going to be a volunteer with Run or Dye. This info pack will share all the details you need to make sure you have a colorific experience. **Make sure you read the info pack all the way through.** It’ll answer your questions and give you important instructions you won’t get otherwise!

Also, before you dive in, be sure to like our Facebook page! Sometimes there are last-minute changes or updates, and the very first place we’ll make them available is on Facebook: [http://facebook.com/RunorDye](http://facebook.com/RunorDye)

We’ve divided this packet into four sections to make it easier for you to be a Run or Dye Volunteer!

1. About Run or Dye’s Volunteer Program
2. Race Day and Venue
3. Parking
4. Your Experience

1. About Run or Dye’s Volunteer Program

Run or Dye simply couldn’t exist without the help of our hard-working volunteers. By volunteering, you get the chance to participate in a high-profile, exciting event…and do your part to help the world be a more colorful place.

There are several possible assignments for Run or Dye Volunteers...

1. Packet Pick-Up/Store
2. Color Crews
3. Water Stations
4. Volunteer Captains
5. Other Assignments as Necessary

Please come ready to be assigned wherever you're needed! (A quick note: though we can’t guarantee that you’ll get the exact assignment they’d prefer, those who arrive earlier tend to have more options.)

Our volunteers are responsible for the kind of experience our runners have. Quite literally, you are the heart and soul of Dye Nation and set the tone for the entire event. So bring your sense of humor, love of life, and get ready to have fun!

2. Race Day and Venue

Check-In

On the day of the race, volunteer check-in is at 7:00 a.m. sharp. Please be sure to bring your signed waiver (located at the back of this packet). When you check in, you’ll exchange your signed waiver for your official Run or Dye volunteer t-shirt.

If you’re a volunteer captain, please arrive at 6:15 so that you can get the training and resources you need to fulfill your leadership role.

We’re lucky to have McClellan park as the epicenter of our Run or Dye festivities. Please respect the park and its facilities. We ask volunteers to throw away empty dye packets, water bottles, and other trash. Please remind others to do the same!

McClellan Park

McClellan Park is located at...

3410 Peacekeeper Way
McClellan FB, CA  95652

Pre-Race Packet Pick-Up Info

If you’re working pre-race packet pick-up the day before the event, there are two shifts on Friday, March 15.

●  SHIFT 1: 9:45-3:00
●  SHIFT 2: 2:45-8:00
Pre-race packet pick-up is located here:

**Sports Authority**
1700 Arden Way
Sacramento, CA
95815

### 3. Parking

As a volunteer, you get free VIP parking. You’ll need to have your Volunteer Parking Pass displayed in your window (find it at the back of this packet). The VIP parking lot is as indicated below:
4. Your Experience

All about the Race

Here’s how Run or Dye works: at 8:45 a.m. all the runners leave the pre-race festival area and head over to the starting chutes. At 9:00 a.m. sharp, the starting gun sounds.

All throughout the race, runners pass Color Stations, where volunteers (that’s you!) throw color on the participants.

At the very end, there’s a huge Color Festival. We have a DJ bustin’ out jams, so participants can dance, party, play, and celebrate living life in full color.

WEATHER: even if there are a few clouds or sprinkles, we’ll hold Run or Dye as scheduled. But our first priority is the safety of our volunteers and participants, and there may be occasions -- such as high wind or lightning -- that we’ll postpone or even cancel if we have to. If the weather looks threatening as we lead up to the event, keep your eyes on our Facebook page for updates.

What to Wear?

You’ll get an official volunteer t-shirt when you check in, and we ask that you please wear it throughout the event so that participants can spot you easily. As for the rest of your outfit, make sure it’s weather-appropriate. Remember that while the dye is designed to be washable, we don’t do your laundry...so we recommend that you wear something that you don’t mind getting a little colorful. (So, like, ix-nay on those brand new $200 shoes.)

If you have light-colored hair, or if it looks like there might be a bit of rain, put some leave-in conditioner in your hair before you come; it’ll help get all the color out of your hair when the race is over.

Finally, we recommend that you bring some garbage bags to put over the seats in your car to help keep them clean after the event.

Safety Tips

Because we care about your safety first and foremost, here are some things to keep in mind to keep your Run or Dye experience memorable for all the right reasons.

1. Drive Safely and Courteously. There are a lot of people coming and going at Run or Dye, so be patient and courteous to other drivers as you’re arriving, parking, and leaving after the race.
2. **Drink Plenty of Water.** Before, during, and after the event, be sure to drink plenty of water. Volunteers will receive a free bottle of water, but you might want to bring your own as well.

3. **Use Common Sense When Throwing Dye.** There’s nothing more fun than blasting participants with our safe, non-toxic, eco-friendly powdered dyes (so safe you could even eat ‘em...not that we suggest that!). But use common sense: don’t throw dye directly in people’s faces, don’t throw dye at babies or service animals, don’t throw dye at photographers with expensive equipment.

**IMPORTANT:** We have a STRICT “one and done” policy about this. If you are caught throwing dye inappropriately, you will be asked to leave the premises immediately. There will be NO warnings and NO exceptions.

Also, even though you’re having an awesome time, don’t go too crazy throwing dye: there will be about 8,000 runners at Run or Dye Sacramento, and we need to make sure there’s plenty of dye for everyone!

4. **There Is NO Tolerance for Sexual Harassment.** Run or Dye is a safe, family-friendly event. Sexual harassment of any kind, including unwanted comments of a sexual nature, intentionally throwing dye at inappropriate areas of the body, or other innuendos or advances toward participants, staff members, or other volunteers will result in immediate dismissal from the event.

4. **Report Suspicious Behavior or People Who Look Like They Might Need Assistance.** Run or Dye participants and volunteers are the best on the planet, and we’ve never had any problems at any of our races. Still, if you see someone who’s acting strangely, go ahead and report it to a staff member. And if you happen to run past someone who seems to be struggling or appear to need medical assistance, let your volunteer captain or a staff member know so that we can get them the help they might need.

**We Can’t Wait to See You There!**

Thank you so much for being a part of Run or Dye Sacramento...you’re what makes all this possible. We love that you’re committed to living life in full color and can’t wait to see you at Run or Dye Sacramento!
REGISTRATION AGREEMENT AND LIABILITY WAIVER

By indicating your acceptance, you understand, agree, warrant and covenant as follows:

I know and understand that volunteering in a Run Or Dye 5K is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able, and by my signature, I certify that I am medically able to perform this event, and am in good health. I agree to abide by any decision of a Run Or Dye staff member relative to any aspect of my participation in this event, including the right of any Run Or Dye staff member to deny or suspend my participation for any reason whatsoever.

I attest that I have read the rules of the race and agree to abide by them. I assume all responsibility for any and all damages to or theft of my personal property or any bodily injury that may occur to me arising or resulting from, or incident to, my participation in a Run or Dye 5k. I understand that bicycles, skateboards, roller skates or rollerblades, and animals are not allowed.

I agree to release and forever hold Run or Dye, its parent company Basecamp Events, LLC, any and all sponsors and vendors and their respective trustees, directors, employees and agents, MP Holdings, LLC, McClellan Business Park, LLC, the County of Sacramento and the United States Air Force, including its agencies, departments, officers, agents, employees and servants harmless of myself, my heirs, executors and administrators, from all claims, damages, rights of action, present or future, whether the same be known, anticipated or unanticipated, arising or resulting from, or incident to, my participation in a Run or Dye 5k.

I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

By indicating my acceptance of this agreement and waiver, I am affirming that I have read and understand this agreement and waiver and fully understand its terms. I understand that I am giving up substantial rights, including the right to sue. I acknowledge that I am signing the agreement and waiver freely and voluntarily, and intend by my acceptance for there to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Name: ____________________________________________________________
(print)

Signature:__________________________________________________________ Date:____/____/_______

Parent’s Signature:________________________________________________ Date:____/____/_______
This is your VIP Parking Pass. Please print it and put it in your window when you come to the venue to avoid being ticketed!