



United Way
California Capital Region

Sacramento Area Emergency Housing Center

A place to call home when you need it

United Way California Capital Region is proud to support organizations that have a profound affect on the community - including the Sacramento Area Emergency Housing Center (SAEHC). Originally starting as a family shelter in 1972, the SAEHC has grown to become one of the largest outreach programs for homeless children and adults.

Originally the SAEHC aided in providing basic needs for seven families, and now 38 years later serves on average more than 500 participants a day. Participants are invited to join in a variety of programs, clinics, and individualized workshops to better prepare them for living outside the housing center. In total, the SAEHC has 16 programs offered to all ages.

As the SAEHC has grown over the past several years, their mission has expanded to include transitional housing, workshops on budgeting, parenting and housing assistance. The program has also worked to improve the medical well being of its participants by providing health care. In collaboration with the Sacramento County Department of Health and the UC Davis Medical School, the shelter aids in providing free medical care to those in the Oak Park area.

The programs offered at the Sacramento Area Emergency Housing Center also offer several options that up until recently were only unique to the shelter including housing for single fathers and sons and two parent housing .

"We're noticing more and more two parent families coming to the shelter," said Devon Good of SAEHC, "and we're working with them to accommodate long- term reliable housing for more and more people."

As generations of men and women have come through the doors at the SAEHC one thing has remained the same: the program continues to successfully make a visible and measurable change in people's lives.

Their mission of providing people with the necessary resources to stand on their own two feet has become especially needed during the hard economic times of 2009-2010.

"We're experiencing more generational homelessness than ever before, " said Good. "So our newest program is working to expose children at an early age to the positive external influences around them. Then finding them other connections and resources away from the homeless lifestyle."

If you're interested in becoming involved in this organization, the SAEHC invites you to check out their wish-list at: <http://www.saehc.org/wish-list.php> or <http://www.saehc.org/services.phplists> .

If you're looking to donate, the shelter is in need of both large and small ticket items, ranging from trucks to diapers. The shelter's current truck has more than 250,000 miles on it, and is used to make deliveries of furniture and home goods for families leaving the shelter. Smaller items like sheets, blankets, and towels are also always welcome. If you're interested in donating time or items, please contact Devon Good at (916)-454-2120.