

# RUN OR DYE™

# SHOW YOUR TRUE COLORS

## VOLUNTEER WITH UNITED WAY IN THE WORLD'S MOST COLORFUL 5K!™



### THREE AWESOME REASONS TO VOLUNTEER:

- 1 A United Way Fit Kid gets to run for **FREE** if you volunteer.
- 2 You can brag that you participated in one of our **90 service projects** for our 90th anniversary.
- 3 United Way receives a **\$50 donation** from Run or Dye™ because of you.

**RUN OR DYE SACRAMENTO**  
**MARCH 16, 2013 : 7:30 AM**

5-6 hour volunteer commitment  
Sign up at [runordye.com/volunteer](http://runordye.com/volunteer)  
Enter nonprofit ID: United Way

For more information visit  
[yourlocalunitedway.org/RunOrDye](http://yourlocalunitedway.org/RunOrDye)



United Way  
California Capital Region