



**Mutual Assistance Network in
partnership with Kappa Alpha Psi
Fraternity Inc. Presents**



Fitness Expo

Put a **SPRING** in your step



Saturday, March 9, 2013

11 AM-2 PM

Johnston Community Center

231 Eleanor Avenue

Sacramento, CA 95815



Fun for the family!
Kids and adults welcome!



Interactive
Demonstrations



Free Health
Screenings



Activities for all ages



Sign ups available for
fitness classes



For more
information
call 927-7694

