

## -- A Mailable Hug --



If you have family or friends who live far away, make “hugs” to send across the miles. Great for Grandparents’ Day, Valentine’s Day or any day that someone could use a hug!

### **Supply List:**

- Washable paint
- Paper
- Scissors
- Ribbon the length of your child's arm span
- Tape

**Step 1:** Trace outline of hands onto a piece of paper and paint.

**Step 2:** When dry, use scissors to cut them out.

**Step 3:** Use tape to attach one hand to each end of the ribbon.

**Step 4:** Mail with a note saying “Hugs coming your way!”

*Shared by Debbie duHadway*

**Source:** Macaronikid Crafts & Activities Fun Book. (2014, November). Retrieved April, 2016, from <http://macaronikid.com/static/docs/MacaroniKidCraftsEBook.pdf>