



What Your Dollars Buy

From United Way's 2016-2017 Certified Nonprofit Partners

916 Ink: A gift of \$25 per month provides tuition for an underserved child to attend a twenty-week "Find Your Voice" creative writing workshop that will transform them into a published author and confident writer.

Agape Villages Foster Family Agency: A gift of \$25 will provide a gift certificate to a foster family to buy clothes for a foster child who came into foster care with little if any clothing. A gift of \$50 will provide an enrichment program to a child or youth for one month (sports, dance, music, etc.). A gift of \$100 will provide a module of our Independent Living Skills Program to one youth.

Alternatives Pregnancy Center: A gift of \$20 per month provides a pregnancy test and a hope-filled options counsel appointment for a woman facing the challenge of an unplanned pregnancy. A gift of \$50 per month provides material resources for the babies and for parents in our parenting and mentoring classes. A gift of \$100 or more provides a free ultrasound so mothers can see and hear their new unborn baby.

Amador-Tuolumne Community Resources: A gift of \$25 or more will buy basic necessity items for homeless families; free therapy hours for at risk children; materials for tutoring of low performance students; healthy food for families in need; money for a matching fund to help adults and youth learn to save and spend wisely.

American Red Cross Capital Region: A gift of \$25 provides a comfort kit, snacks, and two hot meals for someone who has lost their home in a fire. A gift of \$30 provides six blankets at a Red Cross shelter. A gift of \$100 provides a crib for an infant in a shelter. A gift of \$300 deploys volunteers to deliver supplies to those affected by disaster. A gift of \$550 provides three days of food and shelter for a family of three affected by disaster. A gift of \$625 deploys one emergency response vehicle. A gift of \$725 provides training and deployment costs for a shelter team.

ARC of Amador and Calaveras: A gift of \$10 a month will pay for college tuition for one Consumer. A gift of \$25 a month will pay for technology upgrades in the Consumer Computer Labs. A gift of \$100 a month will buy special items, such as a braille Dymo machine.

Area 4 Agency on Aging: A gift of \$5 will provide a customized portfolio for a low-income senior trying to find a job.

Asian Resources, Inc.: A gift of \$5 a month will provide 40 clients transportation. A gift of \$10 a month will provide a family of four holiday food and toys. A gift of \$5.50 a month will provide 40 ESL students with reading materials for a year.



Atkinson Youth Services: A gift of \$50 allows a group home to go on a group outing. A gift of \$25 will help cover expenses so a child can participate in extracurricular activities such as band or sports.

Beanstalk: A gift of \$42 a month for a year buys one set of 30 hardback books for a classroom. A gift of \$40 a month for a year buys transition backpacks for 24 pre-kindergartners. A gift of \$21 a month for a year buys a STEM (science, technology, engineering, and math) early learning kit per one classroom. A gift of \$10 a month for a year buys four language learning centers for one classroom. A one time gift of \$50 buys one social studies photo library. A one time gift of \$25 buys either a sink the boar water play kit for one classroom, one “dino” dig excavation kit, one water way pipe build kit for one classroom or one set of six foam flyers for one classroom.

Big Brothers Big Sisters of El Dorado County: A gift of \$1,000 provides professional case management for a Big/Little match for one year. A gift of \$100 provides lunch for 20 during a Beyond School Walls program meeting. A gift of \$10 provides an activity or game for a match during a school-based visit.

Big Brothers Big Sisters of Greater Sacramento: A gift of \$50 provides one site-based match with sports equipment for the year.

Boy Scouts of America Golden Empire Council: A gift of \$200 funds a Scouts program for the year.

Boys & Girls Clubs of Greater Sacramento: A gift of \$20 a month will help provide academic support, healthy snack/supper and recreational activities for an underserved youth.

Boys & Girls Club of El Dorado County: A gift of \$25 provides a snack for a week for five kids. A gift of \$50 gives a child a chance to learn computer skills in our computer lab. A gift of \$100 gives a child Homework help for a semester. A gift of \$150 provides art instruction for a year for one kid. A gift of \$500 scholarships one child for our summer camp. A gift of \$2,000 covers one child for an entire year to enjoy all the programs and activities offered at our facility. Help us do all we can for those that need our all we can and more for those that need the more.

Boys and Girls Club of Placer County: A gift of \$10 a month provides one child with a monthly membership scholarship in the Boys & Girls Club of Placer County's Afterschool Program which includes homework assistance, indoor and outdoor recreation, art, performing arts, culinary arts and just having fun. A gift of \$100 provides a child with one full year of membership in our Afterschool Program.

Breathe California of Sacramento- Emigrant Trails: A gift of \$10 a month will provide asthma management materials for a child. A gift of \$25 a month will provide 12 tickets for young people to attend the Hackademy Awards. A gift of \$50 a month will provide a class of 30 students with O24u curriculum. A gift of \$75 a month provides materials for the Air Quality Flag Program for an entire elementary school.



Campus Life Connection: A gift of \$50 a month provides foster students and low income students a hot meal each school day. A gift of \$30 a month provides a tutor to help with homework. A gift of \$30 a month pays for basic vocational training, how to find and keep a job. A gift of \$20 a month provides workshops focused on bullying, self esteem and problem solving.

Carrie's Touch: A gift of \$25 helps to provide breast cancer education to African American women

CASA El Dorado - Court Appointed Special Advocates: A gift of \$1,400 will provide a caring CASA advocate to a child who suffered abuse and neglect for an entire year.

CCHAT Center Sacramento: A gift of \$5 a month provides a Baby and Me class to a family with a newly diagnosed infant. A gift of \$10 a month provides an audiology evaluation for a deaf or hard of hearing child. A gift of \$50 a month provides mainstream support to at least two of our alumni students who are actively participating in their neighborhood school settings.

Center for AIDS Research, Education, and Services - CARES: A gift of \$15 pays for an HIV test. A gift of \$100 pays for a simple lab test. A gift of \$150 pays for a doctor visit.

Center for Fathers & Families: A gift of \$25 helps cover school supplies for one low-income student enrolled in the MASTERS after school program. A gift of \$50 will sponsor one low-income student who participates in the MASTERS Sports League. A gift of \$500 helps cover food and utility bills for four low-income families.

Child Abuse Prevention Center: A gift of \$1,200 serves one child for one year.

Child Action, Inc.: A gift of \$20 a month provides start-up equipment and materials for a newly licensed child care provider. A gift of \$83 a month helps improve the quality of child care in a child care center or home. A gift of \$100 a month provides an educational stipend for a teacher in a child care center to earn a degree in early childhood education.

Child Advocates of Placer County: A gift of \$70 provides a foster youth with a CASA volunteer for one month.

Children's Receiving Home of Sacramento: A gift of \$10 provides a month's supply of diapers for a child in our Acorns Cottage. A gift of \$35 helps cover the cost of school supplies for five children in our care. A gift of \$55 provides new shoes to five children in our shelter. A gift of \$100 provides a basket of "first essentials" for a youth graduating high school and moving into their own apartment.

Citizens Who Care, Inc.: A gift of \$40 a month provides a family caregiver of a frail or dependent elderly loved one with eight hours of respite and a predictable break from their on-going caregiving responsibilities.



City Year Sacramento: A gift of \$11.50 a month will grant City Year Corps Members the ability to provide full-time tutoring and mentoring supports to help prevent the 11.5% of Sacramento students who dropout out of school each year.

Clean & Sober: A gift of \$10 a month will provide cleaning and hygiene supplies for one indigent individual. A gift of \$25 a month will provide cleaning and hygiene supplies for one indigent individual. A gift of \$75 a month will provide food and transportation for one indigent individual. A gift of \$450 will house, feed, and provide support services for one indigent individual seeking recovery from drugs and alcohol.

College Track: A gift of \$5 provides support to a student to become college ready.

CommuniCare Health Centers: A gift of \$10 a month (\$120) ensures a child or adult without any health coverage will receive a primary care medical or dental exam.

Community Housing Opportunities Corporation - Sacramento Area: A gift of \$4 a month provides homework and school supplies for low income families at an After School Program serving low income youth. A gift of \$6 a month provides toiletries for 20 low income adults with disabilities.

Community Recovery Resources: A gift of \$600 will provide a mom and her two children housing for one month. A gift of \$50 will provide diapers and healthy snacks for a child in our child development center for one week. A contribution in the amount of \$100 to our Founder's Society, funds families entering our treatment facility that would otherwise not be able to afford services.

Courage Worldwide: CWW serves a population of girls that were exploited for sex. Understanding the donor has a need to know how their money is spent, CWW has created a Donation Store online and donors are able to purchase a component of our program. For instance: 30 minutes of music therapy is \$25, an hour of equine therapy is \$35, a week's worth of groceries is \$175, and Kindles for the classroom is \$80. In addition, in the summer, we add outings (Marine World or Sunsplash).

Daughters of Zion Enterpryze: A gift of \$20 will provide a family of four a bag of groceries for one week. A gift of \$10 will provide an opportunity for two children ages zero to five to participate in our literacy program. A gift of \$25 will provide an opportunity for youth and young adults to take leadership & financial literacy classes.

Davis Community Meals: A gift of \$25 provides a hot, nutritious meal to 17 individuals.

Developmental Disabilities Service Organization, Inc.: Funds donated to DDSO are used to purchase daily living supplies, i.e. paper towels, toilet paper, pens, pencils, etc., as well as supplies for ceramics, music, painting, exercise equipment and employment training.

Easter Seals Society of Superior California: A gift of \$15 a month helps to provide therapy services to infants, children, adults and seniors with disabilities.



El Hogar Community Services, Inc.: A gift of \$25 will provide toiletries given to the homeless at our Guest House clinic and help fund dental services provided for them as well. Your donation also helps to provide interpreters for agency programs and transportation to and from therapy appointments at El Hogar Programs.

Elderly Nutrition Program: A gift of \$9 provides a hot, nutritious and delicious meal for a hungry senior.

Elk Grove Community Food Bank Services: For every dollar donated, we can access food valued at \$10.

Empower Yolo, Inc.: A gift of \$26 provides one night of shelter at our safe house. A gift of \$126 provides legal advocacy to obtain one restraining order. A gift of \$180 provides one CARE accompaniment during an evidentiary exam or meeting with law enforcement for a survivor of sexual assault. A gift of \$375 provides one child sexual abuse prevention training, Stewards of Children program. A gift of \$528 provides 14 sessions of individual therapy for a survivor of sexual assault or domestic violence. A gift of \$750 provides eight weeks of My Strength prevention programs. A gift of \$1,500 provides for one month CARE advocacy services. A gift of \$2,548 provides for one client's full stay at our shelter, including advocacy (\$26/night for 14 weeks). A gift of \$3,536 provides women's domestic violence support group for one year. A gift of \$4,365 provides one year of sexual assault support group for women who are incarcerated. A gift of \$7,280 provides a year of children support groups, twice a week at the shelter. A gift of \$11,000 provides one year of individual counseling for victims who are incarcerated.

Eureka Schools Foundation: Every dollar contributed to the Eureka Schools Foundation goes directly to the Eureka Union School District to pay for critical enrichment programs for our students - programs that are not covered by tax dollars.

Fairytale Town, Inc.: Your gift supports programming and arts education for children in our community as well as care for the animals and play sets in our park.

Families for Children: A gift of \$20 a month provides 12 foster children a year with a birthday present. A gift of \$20 a month provides 10 foster children with a holiday event in December.

Families For Early Autism Treatment, Inc.: A gift of \$25 a month provides the family of a child who has been diagnosed with Autism ongoing mentoring and advocacy services, access to bridge funding to get essential services started while awaiting public services, a personal library of reference books and materials to educate themselves about best outcome treatments for Autism, monthly Family Resource Meetings to learn the latest treatment and self-advocacy information, as well as an opportunity to network with other families, giving them much needed support, and numerous social activities for the entire family.

Firefighters Burn Institute: A gift of \$1 provides post card stamps for four children to write home to their families from camp. A gift of \$2 provides a bus pass for a hospital visit. A gift of \$3 provides sunscreen for the burn survivors and volunteer staff at camp. A gift of \$5 provides a



calling card to update worried family members about the condition of a burn injured patient in hospital care. A gift of \$10 provides games and toys for children having to stay in long-term care in the hospital burn unit. A gift of \$15 provides classroom educational supplies for the fire setter prevention program for 20 children. A gift of \$20 provides a pair of shoes needed for physical therapy. A gift of \$25 provides educational information for care givers to help better care for burn survivors in their home. A gift of \$75 provides a compression burn garment (insurance co-pay). A gift of \$100 replaces clothing & personal items lost in a house fire or other tragedy. A gift of \$100 sponsors a burn survivor to attend adult retreat recovery program. A gift of \$200 provides transportation sponsorship for a burn survivor to attend firefighter's kid's camp ages seven to 17 or little heroes' preschool burn camp ages three to six. A gift of \$500 sponsors a child to attend firefighter's kids' camp for burn survivors ages seven to 17. A gift of \$1,000 sponsors a burn survivor to attend world burn congress recovery program.

Folsom Cordova Community Partnership: A gift of \$25 will provide families with an emergency diaper supply, emergency food vouchers and bus passes.

Food Bank of El Dorado County: Every \$1 donated will be leveraged into six dollars of emergency food assistance right here in El Dorado County.

Food Literacy Center: A gift of \$120, or \$10 a month, funds food literacy education for one child for the entire school year. This cost includes all program fees including food and high quality, seasonal produce, supplies and teachers. Food Literacy lessons include learning what "food literacy" means, cooking and identifying fruits and vegetables, exploring nutrition, learning to make healthy snacks, financial literacy through food budgets, understanding where their food comes from, and much more!

Fourth and Hope: A gift of \$10 a month will provide 10 meals for homeless individuals.

Fresh Producers: A gift of \$25 a month sponsors a student who receives more fresh food and physical exercise throughout the month, nutrition and entrepreneurship education, along with venture capital for healthy student businesses.

Friends for Survival, Inc.: A gift of \$20 a month will provide 40 grieving families with support services including a monthly newsletter for one year.

Girl Scouts Heart of Central California: A gift of \$15 provides annual membership for one girl, opening the door for her to experience the proven benefits of Girl Scouting. A gift of \$25 sends two girls to a Science, Technology, Engineering and Math (STEM) program, where they will use creativity and teamwork to complete an innovation challenge. A gift of \$40 can send one girl to a camp adventure weekend where she will step outside her comfort zone and build new skills in the great outdoors. A gift of \$100 can send two girls to a horse program where they will learn about horse safety and grooming and experience their first horseback riding lesson. A gift of \$250 provides Girl Scout membership and uniforms to start a new troop of 10 girls in a low-income community. A gift of \$400 sends one girl to a week-long resident camp program at our own Camp Menzies in the Sierra Nevada Mountains. A gift of \$1,000 will support improvements at our camp properties to keep girls safe.



Goodwill Industries of Sacramento Valley and Northern Nevada Inc.: Each dollar ensures that employment training services continue for people with disabilities and other special needs.

Greater Sacramento Urban League: Donor dollar's support GED preparation and testing, after school STEM programs for youth, workforce training and certification testing. Support goes to our Community Resource Center which provides free access to computers and the internet for job search, resume development, online application. Dollars support free printing, coping and faxing for everyone in the community.

Green Technical Education and Employment: A gift of \$25 a month helps cover the cost of the solar suitcase project and provides electricity to developing countries around the world.

Habitat for Humanity of Greater Sacramento: A gift of \$25 supplies a box of nails. A gift of \$50 supplies a smoke detector. A gift of \$100 supplies a toilet and tank. A gift of \$250 supplies five interior doors. A gift of \$500 supplies a garage door. A gift of \$1,000 provides a tankless water heater. A gift of \$2,500 supplies windows for a whole house. A gift of \$5,000 supplies a framing package for a whole house.

Head Trauma Support Project, Inc.: A gift of \$100 can provide facilitation for one weekly session of the Survivor and Caregiver Group.

Health Education Council: A gift of \$25 provides fruits and vegetables for a healthy cooking demonstration for a class of 30 students. A gift of \$50 provides jump ropes, hula hoops and other equipment that encourages physical activity for a group or classroom of 30. A gift of \$100 provides local school children with 10 interactive games that promote physical activity and good nutrition.

InAlliance: Funds raised may be used in many forms, which include but are not limited to: temporary housing, assistive technology, medical expenses such as eyeglasses and dental work that is not covered through by programs, and funeral expenses. Additionally, funds may be used to support efforts of the Consumer Advisory Committee, for the purchase of communication devices, emergency/first aid kits and out-of-pocket expenses participants cannot afford. For example, a gift of \$25 will provide an adult with developmental disabilities household necessities such as food, toilet paper, shampoo, cleaning supplies, etc. A gift of \$100 will provide an adult with developmental disabilities enrollment and materials in a community enrichment class or small appliances such as a microwave, toaster oven, or small furniture. A \$250 gift will provide an adult with developmental disabilities prescription eyeglasses, a bicycle or furniture.

Inspiredwarrior Ministries: A gift of \$50 will provide a student one month of Martial Arts/Self Defense and Life Lesson classes. As the program is income based, lower amounts will help reduce costs to participants.

Junior Achievement of Sacramento: A gift of \$25 provides economic empowerment education for one student.



Keaton Raphael Memorial for Neuroblastoma: A gift of \$12 a month provides gas to chemotherapy treatments for one child. A gift of \$25 a month provides meals and gas for families during their child's hospital stay. A gift of \$50 a month provides financial assistance to one childhood cancer family struggling to make ends meet.

KidsFirst: A gift of \$20 purchases diapers so that families have access to clean diapers for their babies, and issues such as rash, infection, and other health problems are prevented. A gift of \$50 purchases healthy snacks and educational supplies for youth participating in after-school mentoring and tutoring programs. A gift of \$250 supports a child and parent through two weeks of therapy, nurturing a secure relationship between parent and child, and promoting positive child behavior.

Kiwanis Family House: A gift of \$50 will provide a low-income family with one night of lodging while they are in Sacramento supporting a seriously ill or injured loved one.

Koinonia Family Services: A gift of \$10 a month supplies a foster youth with extra curricular activities for a year. A gift of \$50 a month will help youth successfully transition from foster care. A gift of \$25 a month will help fund our scholarship program for graduating foster youth moving on to college.

La Familia Counseling Center, Inc.: A gift of \$10 per month at 12 months - Invest in Youth, your donation will pay for kids to participate in neighborhood sports leagues, uniforms and equipment, Karate class, field trips. A gift of \$25 per month at 12 months - Invest in Community, annual fairs for children, allow parents to get fit by attending group fitness - Zumba classes, provide seniors opportunity to staff connected with their peers. A gift of \$50 per month at 12 months - Invest in Families, Education & Employment, your donation will give parents the opportunity to attend classes and groups that promote their engagement in their child's education, as well as pay for children to receive critical tutoring, mentoring and leadership programs after the school bell rings or provide professional attire for a job seeker, transportation to job interviews and pay fees for job seeker to obtain their GED. A gift of \$100 per month at 12 months - Invest in Wellness and Health, whether it is access to health insurance, counseling or health services - your donation will pay for children and families to access ongoing therapy, obtain health services they otherwise couldn't afford and get enrolled for health coverage.

Lao Family Community Development, Inc.: Food and Transportation for senior, youth and low income families.

Lavender Library Archives & Cultural: Access to the books and video media.

Law Enforcement Chaplaincy - Sacramento: Scholarships for trauma care and response; students scholarships for school support; students programs for prevention, intervention, and post trauma stress responses and education.

Lazarus Project, Inc.: A gift of \$35 provides one day of housing for a homeless individual. A gift of \$100 provides one day of supportive services (case management) for a homeless individual.



Legal Services of Northern California: The average cost of providing legal services to one family and possibly securing safe housing, affordable food, and access to quality healthcare is only \$74.

Leukemia and Lymphoma Society, The Greater Sacramento Area Chapter: 80% Funds Cancer Research; 20% Patient Financial Assistance.

Life Skills Training and Educational Programs, Inc.: A gift of \$20 covers a backpack and school supplies for our After School Program students.

Lighthouse Counseling and Family Resource Center: A gift of \$5 provides diapers for one family. A gift of \$25 helps one person attend a budgeting workshop. A gift of \$50 provides individual resource support & referrals for financial hardship, including health referrals, mattresses, clothing or gas cards. A gift of \$100 provides individual job readiness assistance and work referrals. A gift of \$150 provides a child car seat, as well as an installation class for a parent. A gift of \$200 provides individual attendance for any series of groups or classes we offer, such as Women's Empowerment, Road to Wellness, and Love & Logic. A gift of \$500 provides 12-counseling sessions for a child, adult or family. A gift of \$1,000 provides full benefits of our counseling, resources and educational classes for an entire family. This program saves taxpayers and the County millions of dollars each year.

Lilliput Children's Services, Sacramento: A gift of \$25 a month would provide an hour of respite care for our kinship caregivers. A gift of \$100 a month would pay an honorarium to a presenter to put on a parent workshop.

Literacy Support Council of Placer County: A gift of \$25 a month will allow the Council to support the Placer Adult Literacy Service (PALS) by providing learning materials to new learners and teaching materials to tutors. Additionally, contributions will enable greater outreach to adults who have literacy shortcomings.

Lord's Gym, Inc.: A gift of \$25 a month will provide five youth memberships. A gift of \$50 a month will sponsor a group home for one month.

Lutheran Social Services of Northern California: A gift of \$10 a month assists in covering laundry costs. A gift of \$20 a month will purchase cleaning supplies for an apartment. A gift of \$50 a month will assist in paying for a doctor's visit. A gift of \$80 a month provides a bus pass for a youth seeking employment. A gift of \$100 a month will allow an unemployed person to purchase interview clothes.

Make A Wish Foundation of Sacramento and Northeastern California: The average cost of a Wish is \$7,500 and each wish is unique and custom built to match the vision and personality of the Wish Kid. All donations, both large and small help to fund the wish experience for a child battling a life-threatening medical condition.



Mental Health America of No California: Donations supply for support groups, basic home items for families in need, training and educational opportunities for staff, expansion of services like our Consumer Operated Warmline, etc.

Mothers Against Drunk Driving Sacramento Area: Donations are used to help provide our programs and services to address underage drinking and help those who have been affected by a DUI crash.

Mutual Assistance Network of Del Paso Heights: Along with other items, a donor gift provides: Free attendance at home ownership and financial stability workshops; free sign-up for youth Recreation and Summer Camps, safe and educational experiences for children when school is out of session and parents need to work; support for grandparents raising grandchildren and more.

Mutual Housing California: A gift of \$20 helps provide school supplies for one low income student. A gift of \$50 supports financial literacy training for one low income adult. A gift of \$500 supports helps provide college mentors for high school students.

NAMI Sacramento: A gift of \$5 a month provides a weekly support group to people facing mental health challenges. A gift of \$10 a month provides crisis support over the phone to 20 people who don't know where to turn to get help for themselves or their loved one. A gift of \$20 a month provides a free 12-week education course to 10 family caregivers, giving them the knowledge and skills they need to help their mentally ill family member. A gift of \$40 a month provides five people facing mental health challenges with a free 10-week education course, providing knowledge and tools to help them achieve wellness and prevent relapse. A gift of \$60 a month provides mental health education to school teachers to help them learn to identify early warning signs of mental illness in adolescents and how best to intervene so that youth who need help can be linked with services.

National Academic Youth Corps: For one eight-week program, \$25 helps cover the cost of art supplies for one low income student.

National Council on Alcoholism and Drug Dependence - Sacramento Region Affiliate: A gift of \$25 buys 30 days of infant care supplies. Donation money also buys products for our healthy meals plans (Thanksgiving, Christmas) and childcare supplies.

New Morning Youth and Family Services: A gift of \$30 gives food, clothing and toiletries for a runaway or homeless child. A gift of \$50 provides an un-served Latino family support to strengthen their family. A gift of \$100 helps a foster youth to prepare for college or a job. A gift of \$250 enables a parent to attend a parenting class to strengthen their knowledge and develop new skills. A gift of \$500 provides counseling and family support to reunite a runaway youth with their family. A gift of \$1,000 will help end the cycle of child abuse for a family.

Next Move Sacramento: A gift of \$5 provides a homeless family of four with three meals and a snack each day at our Family Shelter. A gift of \$6 provides transportation assistance for a disabled senior to get to medical appointments. A gift of \$25 provides after-school supplies at Children's Homework Lab for children living in our Family Shelter. A gift of \$50 provides four homeless



families residing at our Family Shelter with a Welcome Basket containing personal hygiene items and laundry soap. A gift of \$100 provides five homeless families residing in our Family Shelter with a Baby Comfort Basket, including diapers and diapering supplies, baby health and hygiene products and allergen free laundry soap. A gift of \$300 provides building materials to construct a wheel chair ramp for a disabled seniors ageing in place at our Home At Last program.

NorCal Services for Deaf & Hard of Hearing: A gift of \$15 provides a ride to the hospital with a DeafSAFE (Domestic/Sexual Violence Program) advocate. A gift of \$20 provides sports equipment for Camp Grizzly campers. A gift of \$25 provides advocacy services for parents with deaf/hard of hearing child for IFSP/IEP. A gift of \$25 provides coordination/case management services for deaf individuals who need to be connected to community services such as medical services, APS, Housing Services, mental health counseling. A gift of \$35 provides one hour Deaf Mentor for a family with baby newly identified with hearing loss. A gift of \$50 provides one hour of interpreting services that we provide on a pro bono basis such as for a funeral service, a pro bono legal appointment, a pro bono medical service. A gift of \$200 provides two weeks of DeafSAFE team advocacy support with the police, hospital, social workers, and rehab counselors, therapists, and/or DA as needed. A gift of \$425 provides one sponsorship for a Deaf/Hard of Hearing child to attend one week summer leadership camp.

Northern California Children's Therapy Center: A gift of \$20 will help insure that a child will get the early intervention they need to reach their maximum potential. For every \$1 spent on Early Intervention for an at risk child, \$13-\$17 is saved in that child's future education.

Oak Park Preschool, Inc.: Donor dollars buy classroom instruction materials, outdoor equipment to develop and encourage large motor activities, books for the library and educational outings.

Omni Youth Programs: A gift of \$10 a month will provide a teen with program supplies for a teen led alcohol prevention group. A gift of \$15 per month will provide a parent or family with all the program supplies needed to complete a parenting or family alcohol prevention program.

Opening Doors: A gift of \$25 buys an emergency response kit for a survivor of trafficking. A gift of \$50 to \$100 can provide a basic welcome kit for refugees.

People Reaching Out (PRO): A gift of \$5 per month provides ten high school students a nutritious snack during after-school hours. A gift of \$10 a month provides 30 elementary school students crayons, glue sticks, art supplies, scissors and physical fitness equipment for the PRO After School Mentoring. A gift of \$25 a month provides five weeks of lunches for 15 middle and high school youth who participate in our Summer Learning program. A gift of \$75 a month provides community engagement training for youth interested in building a healthy community for themselves and their families through a program that fosters the development of positive self-esteem and personal growth for 30 high school students. A gift of \$125 a month provides youth with civic engagement skills and on-site, firsthand experience at City Hall with municipal governance and the City Council for 25 high school students.

Performing Arts United: A gift amount will help support organizations programs with instruction and operating cost.



Placer County Law Enforcement Chaplaincy: All donations go towards operating expenses, chaplain training and equipment resulting in our ability to serve the citizens and law enforcement personnel 24/7/365.

Placer Food Bank: A gift of \$10 per month buys 30 meals for a hungry child to eat. A gift of \$25 per month buys fresh produce for a hungry senior. A gift of \$60 per month feeds a single parent and child. A gift of \$120 per month feeds a family of four.

Placer Independent Resource Services Inc.: A gift of \$10 a month provides a grab bar, handheld shower and shower bench for one person with a disability. A gift of \$25 a month provides grab bars for 12 people with disabilities. A gift of \$75 a month provides grab bars and flashing smoke/CO detectors for 12 people with disabilities. A gift of \$150 a month provides a 15 ft. ramp for one person with a disability.

Powerhouse Science Center (Discovery Museum Science & Space Center): A gift of \$5 a month provides admission to two students to participate in our self-guided exhibit tours. A gift of \$15 a month allows one student to experience the wonder of space through our Challenger Learning Center Simulated Space Missions.

PRIDE Industries Foundations: A gift of \$5 per month provides items needed for success at work such as interview and work clothes for a youth emancipating from foster care and preparing to enter the workforce. A gift of \$20 per month provides 24 hours of paid work experience to prepare a person with a disability for employment success.

Project DREAM: A gift of \$50 helps send one student to overnight science camp. A gift of \$500 sends 25 students to a Sutter's Fort living history experience. A gift of \$600 provides a laptop to a senior entering college. A gift of \$1,500 helps send 30 high-schoolers to career-building skills competitions. A gift of \$2,000 helps send 55 students to a music competition.

Reading Partners Sacramento: A gift of \$5,000 supports five students' participation in the Reading Partners program for one year. A gift of \$2,500 stocks a reading center with a computer, library seating, and literacy games. A gift of \$1,000 supports one student's participation in the Reading Partners program for one year. A gift of \$500 supports student assessment tools and resources for a reading center. A gift of \$250 fills a reading center with supplies, including whiteboards, folders, and writing tools. A gift of \$100 brings Reading Partners' structured curriculum to one student. A gift of \$10 stocks a reading center with new writing supplies.

Resources For Independent Living: A gift of \$10 buys a Paratransit roundtrip for a consumer to see their doctor.

Ride To Walk: Your donations allow us to sponsor 50% of our rider's monthly expense. Our therapeutic riding program cost \$500 a month however we sponsor 50% of that cost through fund raising efforts and your generous donations.



River City Food Bank: A gift of \$25 provides a family of four with healthy and nutritious food for three to five days.

River Oak Center for Children: A gift of \$50 provides a bus pass for a student to get to High School. A gift of \$25 provides shoes and socks for a child. A gift of \$10 provides shampoo, toothpaste and soap for a family.

Roberts Family Development Center: A gift of \$100 a month would allow a student to participate in our afterschool program. A gift of \$150 dollars a month would allow a student to attend our Summer Freedom school sessions. A gift of \$250 a month would buy program supplies for one of our seven program sites.

Runnin For Rhett: A gift of \$26 will put one child through our five week after school youth fitness program.

Sacramento Area Congregations Together: A gift of \$20 per month will fund a training for a group of local parents to become involved in decision making in their children's schools. A gift of \$50 per month will fund an educational forum to prepare formerly incarcerated persons for employment. A gift of \$100 per month will fund one week of training in leadership development for ordinary people who wish to become leaders creating healthy communities.

Sacramento Children's Home: A gift of \$25 provides formula for a child in the Crisis Nursery Program. A gift of \$50 provides two pairs of jeans for a child in our Residential Program. A gift of \$75 makes it possible for a child in our Residential or Crisis Nursery Programs to celebrate a happy birthday. A gift of \$100 provides bedding for a child transitioning to a permanent home through our Wraparound Program. A gift of \$150 helps an 18-year-old foster youth set up independent housing upon emancipation. A gift of \$250 provides a bed for one night for a child in our Crisis Nursery Program. A gift of \$500 provides two months of nutritious food for a child in our Residential Program. A gift of \$750 helps provides transportation to clients in our Crisis Nursery Program and Family Resource Centers free of charge. A gift of \$1,000 provides tickets and fun at the California State Fair for the children in our Residential Program.

Sacramento Children's Museum: A gift of \$50 to \$100 can buy new story time books, seedlings for the community garden, me dress up costumes, one month of Music and Movement classes or a membership for a low-income or military family.

Sacramento Chinese Community Service Center, Inc.: A gift of \$25 will provide two hours of small group tutoring for children struggling to read.

Sacramento County 4-H Council: A gift of \$38 funds the enrollment fee for a youth needing financial assistance. A gift of \$100 covers a scholarship for a young person to attend a 4-H leadership conference or 4-H summer camp. A gift of \$200 secures a science kit for our 4-H YES or Water Wizards project. A gift of \$1,000 provides volunteer training for project and club leaders for the program year.



Sacramento Court Appointed Special Advocate Program (CASA), Inc.: \$1,500 is the average cost to support one CASA and one foster youth for an entire year.

Sacramento Food Bank & Family Services: A gift of \$7.81 provides a family of four a four-day supply of fresh produce. A gift of \$17.65 provides one hour of math, science, language arts or cultural enrichment for a child. A gift of \$20.37 provides two hours of tutoring for adults wanting to improve their education and advance their career. A gift of \$67.68 provides two hours of technology instruction for 20 adults.

Sacramento Gay & Lesbian Center: A gift of \$25 pays for one HIV prevention and sexual health training, one set of sex-positive demonstration models for the Health Program's trainings or a homeless youth to safely shower at the Center. A gift of \$40 ensures 10 people can participate in a peer-led support group free to charge. A gift of \$50 keeps the Drop-In Respite Center open for one hour. A gift of \$150 secures an affirming, welcoming, queer prom experience for 15 youth. A gift of \$200 covers a month of food supplies for the Q-Spot Youth Drop-In Center. A gift of \$205 enables the Community Resources Program to deliver 225 of our nearly 4,000 annual referrals. A gift of \$5,000 makes the safe and welcoming space the Center creates possible for a whole month.

Sacramento Life Center, Inc.: A gift of \$50 provides one Baby Basket for one month. A gift of \$1,200 a year provides all the services one woman needs provided by Sacramento Life Center.

Sacramento Loaves & Fishes: A gift of \$35 provides a homeless man, woman, or child a hot noon time meal for two weeks. A gift of \$45 provides a family of four with a hot breakfast for two weeks. A gift of \$75 provides one child with emergency schooling for one day.

Sacramento Native American Health Center, Inc.: A gift of \$100 funds weekly fitness classes (cardio kick boxing, yoga, Muy Thai, boot camp, etc.) for 20 patients with chronic disease (e.g. diabetes, asthma, hypertension, obesity, etc.). A gift of \$100 provides an Injury prevention basics kit which includes a car seat, smoke detector, escape route planning for at risk families with young children. A gift of \$100 supplements staff costs for a Certified Enrollment Counselor to enroll a new patient in a public or marketplace insurance plan. A gift of \$100 provides six months of emergency diapers for a struggling family. A gift of \$200 offsets the cost of a primary care medical visit for an underinsured patient. A gift of \$200 covers the cost of training a staff member in the latest patient care principles such as the Patient Centered Medical Home program. A gift of \$200 purchases immunizations for uninsured adults. A gift of \$500 allows us to purchase a self-management curriculum to teach patients and their families how to better manage their chronic disease(s). A gift of \$500 extends Integrated Behavioral Health Services for 15 patients. This allows patients to have their behavioral health needs met on the same day they have a medical appointment. A gift of \$1,000 helps offset the cost of permanent restoration crowns for dental patients. This helps the patient significantly with self-identity and employability issues. A gift of \$1,000 allows us to provide weekly home visitation nursing services to an at risk family. A gift of \$1,000 can fund an event like the "Great American Smoke Out." Currently, 25% of our patients identify as smokers. A gift of \$1,000 provides equipment to offer play therapy for pediatric patients in behavioral health. A gift of \$1,000 covers the training cost to offer CPR/First Aid training to 20 families with infants.



Sacramento Public Library Foundation: A gift of \$25 provides children who participate in and finish the Library's Summer Reading Program a book, book bag, super cool "swag", and the chance to keep up their reading skills and literacy level through the entire summer. Your support makes literacy happen for local children through the Summer Reading Program! Summer Reading at the Library each summer is more than fun; it's a great way for children and families to share their love of reading at their local public library. With 28 locations, children all over the region may benefit from your support.

Sacramento Recovery House, Inc.: A gift of \$6.50 will provide nutritious meals for one day. A gift of \$6 will provide transportation to medical and other appointments. A gift of \$75 will provide recovery services for one day.

Sacramento Medical Reserve Corps Foundation: A gift of \$10 will help cover supplies needed for Sacramento Medical Reserve Corps volunteer medical professionals and support members to staff a first aid station at a large public event. A gift of \$25 will supply warm blankets and first aid to two people at a warming center in times of extreme cold.

Sacramento Self-Help Housing, Inc.: A gift of \$600 will provide permanent housing and case management services for a chronically homeless disabled person for a month.

Sacramento Valley Teen Challenge: A gift of \$1,500 a month feeds and houses one student in the program.

Safety Center Inc.: Motor vehicle crashes are the leading cause of death for U.S. teens. Fortunately, teen motor vehicle crashes are preventable, and proven strategies can improve the safety of young drivers on the road. A gift of \$10 a month could provide three teen drivers with enrollment in ""Alive at 24"" - a class that helps teen drivers identify risky behaviors and develop ""what if"" strategies so they can make safe, responsible driving decisions. 95% of bicyclists killed in accidents while riding their bikes were not wearing a helmet. A gift of \$60 can provide six children with free bicycle helmets. One in five workers report having been put in danger, having been injured, or having to work harder to cover up for a co-worker as a result of a fellow employees substance misuse. A gift of \$20 a month can provide the training ""Alcohol & Drug Awareness for Supervisors"" to five people, helping give the skills to identify and effectively deal with alcohol and drug use/abuse in the workplace and give supervisors the confidence to handle sensitive and potentially volatile situations.

Saint John's Program for Real Change: A gift of \$20 provides 25 warm nutrition meals. A gift of \$1,500 provides stability for 30 days for a mother and her children.

Salvation Army SAC Metro: Of every dollar raised 83 cents is used to sustain life-changing programs that bring hope to hurting souls.*Family Service: Provides food boxes, motel vouchers, bus tickets, utility and rental assistance, with a goal of strengthening and unifying the family unit.*Shelter Services: Provides men and women bed nights for 30 to 90 days with a focus on overcoming homeless. Clients receive food, lodging, case management and linkage to long-term stable housing.*Transitional Housing: 34-unit complex, providing struggling families with structured programs and an opportunity to live in a safe apartment for six months to two years.



*Early Care& Education Programs: Offer year-round affordable childcare for pre-school children, aged three to five. *Community Center: Provides at-risk children and teenagers with a year-round safe hub with, teen drop-in, recreation, tutoring and literacy programs.

Senior Center of Elk Grove, Inc.: A gift of \$25 would support a senior's membership for one year of funding two activity cards and a snack in our Le Cafe. A \$40 gift would provide membership for two seniors living in the same household and two activity cards and a snack in our Le Cafe. No one is turned away because they cannot pay; we do have a ""We Care Program"" that lets people donate and is used for those who cannot pay. Because we are a self-funded 501c3 our funding source is from Grants, Fundraising, Membership and Activity fees.

Senior L.I.F.E. Center of Loomis: A gift of \$10 will afford one senior three days at the Center, continental breakfast and lunch each day and all programs plus one take home mea. A gift of \$25 will afford will afford two seniors two seniors three days at the Center, continental breakfast, lunch, all programs plus one take home meal each.

Sheriffs Community Impact Program: A gift of \$25 allows an underserved youth the opportunity to participate in our programs for a year.

Short Term Emergency Aid Committee: A gift of \$10 pays for food for a week for an individual (15 meals). A gift of \$30 pays for a birth certificate that is necessary to receive public services, or it pays for three interview outfits to help someone get a job. A gift of \$100 pays for eight Food Handler Certificate programs necessary for work in the food industry. A gift of \$200 pays for a forklift training class that leads directly to a job, or it pays for books for low-income community college students. A gift of \$200 prevents utilities from being turned off or helps toward keeping a family from becoming evicted.

Shriners Hospital for Children, Northern California: Every gift matters because everyone gives from the heart, knowing that their contribution provides real help for children today and new hope for tomorrow.

Sierra Forever Families: A gift of \$10 a month for year will provide a filled backpack for a child in foster care participating in the Wonder Mentoring Program. A gift of \$25 a month for a year will give a child in foster care an adventure-filled weekend at Camp Wonder. A gift of \$250 a month for a year will sponsor a child in Wonder. A gift of \$500 a month for a year will provide for permanency with a forever family for a child in foster care.

Sierra Service Project: A gift of \$100 provides a scholarship for a low-income youth to participate in our life-changing community service experience. A gift of \$1,000 provides a wheelchair ramp for a mobility-impaired senior citizen, enabling individuals to safely age in place and remain vital members of their communities.

Society for the Blind: A gift of \$25 per month provides Blindness Skills workshops for seniors during the year. A gift of \$50 per month provides materials and supplies for kids in our youth programs. A gift of \$100 per month provides visual aids for Low Vision Clinic patients.



St. Hope Public Schools: A gift of any size will support students getting to and through college.

St. Johns Retirement Village: Donations purchase goods and services in order for us to keep the cost at a minimum for our residents. Donations are combined with grants, legacy gifts and event dollars to fund capital projects and service costs for our 50 + year old campus, quality of life for residents, activities for residents at proper level of care, flower gardens, books, generators, trees, safety of sidewalks, beautification of space, building fund and infrastructure of the facility. This helps keep the cost of living at a minimum for the 160 seniors who call St. Johns home. Your support will help seniors on fixed incomes live a fulfilling life at St. Johns.

St. Vincent De Paul of Roseville: A gift of \$9 will provide an individual with a three day supply of healthy food.

Stand Up Placer: A gift of \$25 a month will provide job interview training for three survivors. A gift of \$50 a month will provide two nights, food, clothing and crisis planning for a mother and child in the Safe House. A gift of \$100 a month will provide crisis counseling/therapy for a victim and family for five weeks. A gift of \$125 a month will provide all services a family in crisis needs to begin the path to recovery.

Stanford Settlement Neighborhood Center: A gift of \$50 helps frail, elderly receive hot meals, transportation and stay healthy. A gift of \$100 helps children grow up safe, strong and resilient. A gift of \$200 provides teens a safe place to go after school and avoid trouble.

Stanford Youth Solutions: At Stanford Youth Solutions donor support is critical to all our programs success. For our Foster Care program contributions help support the critical underfunding in Foster Care. Because we provide a much higher level of service than is required by the county and due to underfunding, our program costs are always more than our reimbursements. Philanthropic support helps us create permanent connections for foster youth in our community. For families and youth in any of our mental health programs Lifeline funds enables staff to offer targeted help to families, by providing financial resources for basic needs as they work toward creating a stable home and permanent, healthy relationships. This specific support empowers challenged and vulnerable youth and their families to become stable, safe, and connected to school, family, friends and the community. Contributions to the Lifeline Fund will help provide food, clothing, shelter, transportation, school supplies, or social activities such as afterschool programs.

Suicide Prevention and Crisis Services of Yolo County: A gift of \$10 a month will pay for crisis resources cards for junior and senior high school students. A gift of \$25 a month will pay for the training of four crisis line volunteers for the 24-hour teen hotline.

Susan G Komen for the Cure Sacramento Valley: A gift of \$50 provides 50 Education pamphlets for newly diagnosed breast cancer patients. A gift of \$125 provides a potentially life-saving diagnostic mammogram. A gift of \$225 provides a three month supply of Tamoxifen, an important post -treatment medicine. A gift of \$275 provides a wig for a women going through chemotherapy. A gift of \$485 provides a fine needle biopsy to check for cancerous tissue. A gift of \$2,300 provides two life saving chemotherapy infusions



Target Excellence: A gift of \$25 provides fresh foods for a nutrition lesson for one class working on their “Health & You” quarterly unit. A gift of \$200 provides one additional classroom tablet for students to carry out research, reading activities, and educational games in order to encourage 21st century skills among our low-income and at-risk students. A gift of \$200 provides one school site with the required monthly school supplies. A gift of \$750 funds the total cost for one student through an entire year of high quality after school programming.

Teach for America - Sacramento: Your contribution will help us recruit, select and train diverse leaders to teach in low income urban and rural public schools. We will also continue to engage the over 200 alumni across our region in the movement to ensure all students have access to an excellent education.

Teen Center USA: A gift of \$12.50 a month will help provide a teen with beneficial workshops, homework help, attend our after school drop-in center, Breakfast Club, and mentoring from our staff.

Teen S Team Plus: A gift of \$25 sponsors one under-served, highly diverse, low income student in a 12-week leadership after school program. Thirty-five high school student leaders participate at each school.

TLCS Inc.: A gift of \$25 buys cleaning supplies, a set of towels, a blanket or pots and pans. A gift of \$50 buys sheets, pillow and blanket. A gift of \$200 buys a bed, delivered and set up. A gift of \$500 will buy furniture for an apartment. A gift of \$1,000 will furnish and equip an entire apartment.

True North Project: A gift of \$50 allows one expecting and parenting transition aged foster youth to be connected with a mentor for a one year period.

Tuleyome, Inc.: A gift of \$100 will allow us to provide nature-based education for developmentally disabled children and adults. A gift of \$200 will help restore trails, watersheds and vital habitat burned in the summer wildfires of 2015. A gift of \$500 or more will allow us to purchase and protect easements and sensitive parcels of land, and protect them for their educational and conservation value.

Turning Point Community Programs: A gift of \$50 a month will provide an individual with a one month bus pass, one week of groceries, and a tank of gas. A gift of \$45 a month will provide bedding for an individual that was formerly homeless, school supplies for a child or a backpack. A gift of \$25 a month will provide a new pair of shoes, winter coat, and basic toiletries.

United Cerebral Palsy of Sacramento and Northern California: A gift of \$10 a month will provide six hours of family respite care. A gift of \$25 a month will fill a gas tank of UCP Transportation van.

Voluntary Legal Services Program of Northern California: A gift of \$200, or \$17 a month, will provide a low income person with the legal help needed to file for bankruptcy, obtain guardianship



of a child whose parents are unable to care for the child, or have a volunteer attorney prepare a client's estate plan.

Volunteers of America Northern California and Northern Nevada: A gift of \$25 will provide 10 individuals with a meal.

WEAVE, Inc.: A gift of \$10 a month funds 12 calls to WEAVE's 24/7 Support & Information Line. A gift of \$25 a month funds six play therapy sessions for child who has lived in a violent home. A gift of \$50 a month funds eight counseling sessions for a sexual assault survivor. A gift of \$100 a month funds one week of comprehensive services for a mother and two children at WEAVE's confidential Safehouse.

Wellspring Women's Center: A gift of \$20 will provide a daily nutritious meal to a mother and her three children for five days. A gift of \$10 provides a woman with a three month supply of feminine hygiene products.

Winters Health Care Foundation: A gift of \$35 covers the cost of a medical office visit for uninsured patients at 100% of the FPL. A gift of \$55 covers the cost of a dental office visit for uninsured patients at 100% of the FPL.

Women's Civic Improvement Club of Sacramento, Inc.: A gift of \$10 a month will provide a low-income child and/or a senior support in the purchase of the following needs: clothes, such as warm hats, gloves, scarves, socks during the winter, healthy foods, and/or bus passes to much needed medical and/or dental appointments.

Women's Empowerment: A gift of \$36 will provide one day of life-changing services for a homeless mother and her child. A gift of \$54 purchases 40 Job Seeking Skills manuals for the homeless women in our eight-week job readiness program. A gift of \$120 provides the daily bus.

Woodland Youth Services: A gift of \$5 helps buy basic supplies for homeless children.

YMCA of Superior California: A gift of \$25 builds confidence and live-saving skills in one month of swim lessons. A gift of \$50 builds skills, confidence and character in a child through youth sports. A gift of \$100 helps someone suffering from Type 2 Diabetes regain strength, energy and stamina in the GlucoFit Club. A gift of \$500 nurtures the development of one child for one month through safe, values-based, licensed child care. A gift of \$1,000 enriches seven children with nutritious meals and tips for healthy living during summer camp.

Yolo Community Care Continuum: A gift of \$5 provides psychiatric medication to a homeless individual allowing them to become stable enough for YCCC to provide further services. A gift of \$25 provides new bedding for a new housing resident.

Yolo County Court Appointed Special Advocate Program (CASA), Inc.: A gift of \$100 supports a screening and background check for one community volunteer to work with a child in foster care.



Yolo County Children's Alliance: A gift of \$2 a paycheck (paid every two weeks, \$52 a year) would support the following: three month's worth of bus vouchers; or a week of food for a pregnant or lactating mom; or an ergonomically appropriate hands-free baby carrier (promoting parent-child attachment; a large box of diapers; or half a month of full medical, dental, & vision insurance coverage for a child. A gift of \$5 a paycheck (paid every two weeks, \$130 a year) would support the following: three months worth of bus vouchers and an ergonomically appropriate hands-free baby carrier (promoting parent-child attachment); or a certified safe car seat; or one month of full medical, dental, & vision insurance coverage for a child. A gift of \$10 a paycheck (paid every two weeks, \$260 a year) would support the following: 12 months worth of bus vouchers and an ergonomically appropriate hands-free baby carrier (promoting parent-child attachment); or a safe and comfortable stroller, a baby/diaper bag and a months worth of baby supplies for the bag; or two months of full medical, dental, & vision insurance coverage for a child. A gift of \$20 a paycheck (paid every two weeks, \$520 a year) would support the following: Three months supply of diapers and wipes; or 12 months worth of bus vouchers, a safe and comfortable stroller, an ergonomically appropriate hands-free baby carrier, a baby/diaper bag with supplies; or six months of full medical, dental, & vision insurance coverage for a child. Any amount helps support organizational infrastructure, which ensures a well-run organization: efficient in its use of funds, competent in its management of funds, and sustainable in its service to the community.

Yolo Food Bank: Each \$1 donated to Yolo Food Bank equals three-and-a-half pounds of food.

Yolo Hospice, Inc.: A gift of \$200 a day provides a hospice team of a nurse, social worker, spiritual care counselor, hospice aide, and volunteer to deliver the service of hospice to patients without coverage in 180 communities in five counties of Yolo, Solano, Sacramento, Sutter and Colusa.